



READY RIDES



A special bond occurs between drivers and riders. Like Driver Bob, from Dover, and Rider Jen, from Durham. Read what Jen has to say about Ready Rides!

I can't say enough about how much Ready Rides impacted my life. I suffered 2 traumatic brain injuries accompanied with severe physical neck, back, and visual discrepancies along with a mangier of mental illness that do not allow me at this point to ride public transportation .

Without Ready Rides I would not have progressed as I have medically. Additionally, socially I made several new kind friends. I can't say enough about the selflessness of the volunteers. There were times I'd come out in tears with pain and they always had tissues or words of joy to brighten my day.

It got so I had regular 7-8 drivers. I adored them all in different ways.

I have since moved to Dover, out of Ready Rides qualifying area. I miss my friends & connections at Ready Rides and, of course, the services. Especially when I am just 3 miles from where I used to live—just across town lines.

Ready Rides saved my mental well-being. Without Ready Rides I would have been captive by the snow and lack of transport to appointments for medications, therapies, etc.

Thank you Ready Rides; you saved my life during a very difficult PTSD, depression, and acute anxiety phase.

With gratitude,

Jen

In This Issue

- Jen's tale of Ready Rides
- "TRIPLINK"
- Author and Rider Harriet Swenson
- Welcome New Drivers
- Service Link info
- Snow days!
- Thank you to all of our donors

PLEASE MAKE A NOTE!

Coast Call Center is changing its name to

“TRIPLINK”

Beginning on August 22, COAST Call Center will be answering the phones using their new name – **‘TRIPLINK’**.

TRIPLINK has also updated its phone number and email address. Now when you call them with your appointment information, you can reach a reservationist directly at **(603)834-6010**. You no longer have to navigate the COAST phone tree. You can also email your ride request to triplink@communityrides.org.

Ready Rides services will remain the same; nothing has changed, just the phone number. Remember; call **TRIPLINK (603) 834-6010** as soon as you have made your medical-related appointment with your facility.

You can still reach our coordinator at (603) 244-8719 if you have any questions about your ride.

Thank you so much for your patience while we transition into this new phone number.

VALUABLE RESOURCE

Service Link

www.servicelink.nh.gov

or

Just dialing ‘211’ will give you a long list of services to tap into

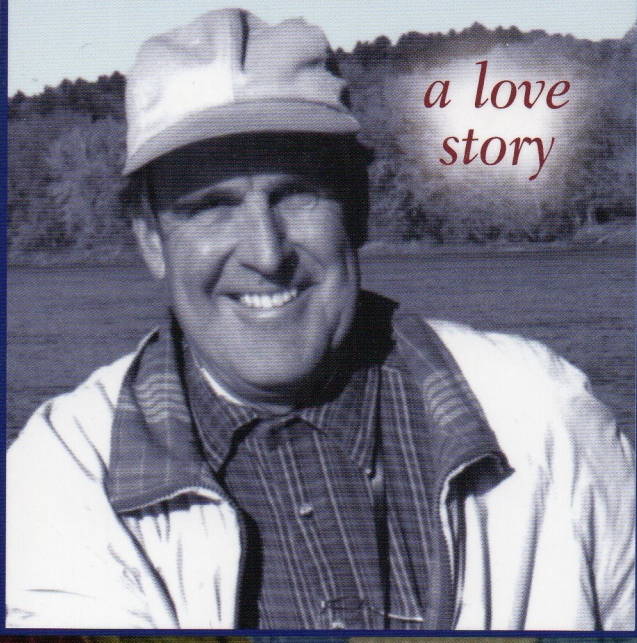
ServiceLink is a program of the NH Department of Health and Human Services. Through contracts with local agencies around the state, ServiceLink helps individuals access and make connections to long-term services and supports, access family caregiver information and supports, explore options and, understand and access Medicare and Medicaid.

ServiceLink is designated as New Hampshire’s Aging and Disability Resource Center and the NHCarePath Full Service Access Partner providing services for individuals of all ages, income levels and abilities, and administers programs and services, such as Information Referral and Assistance, Options Counseling, NH Family Caregiver Program, State Health Insurance Assistance Program (SHIP), and Senior Medicare Patrol (SMP).

AROUND *the* HOUSE

*One Woman Shares
How Millions Care*

HARRIET K. SWENSON



Thank you for sharing your story!

One of our very own riders shares her story of love and caring! Harriet's essays provide a new look at love. She guides us from mail-order meds and Yankee frugality, to stair-chairs and dining out with oxygen, on to the solace of quilting and rotten days. Living with Grief and ends with Living Again!

Harriet is now 81, a mother of three, grandmother of five, great-grandmother to four, and naps with her cat, Mildred. Check out this lovely story in paperback at www.perpublisher.com



PLEASE HELP US WELCOME OUR NEW DRIVERS TO THE READY RIDES TEAM OF VOLUNTEERS!!

Linda Fernald—Nottingham

Stan Stephenson—Dover

Jody Wendt—Nottingham

SNOW!

Yes, it's coming!

Ready Rides does not have a set policy for snow days. We leave the decision to our dedicated drivers. Only they know how their own vehicles operate in the bad weather and whether they feel comfortable transporting you safely.

In the past, our Riders have been the first to cancel.

We leave that decision up to you and the driver!



THANK YOU TO ALL OF OUR WONDERFUL DONORS!

Contact Us

Give us a call for more information about our services or to become a driver.

Accessible rides
are available!

(603) 244-8719 or

www.readyrides.org

Like us on Facebook.

We are a 501(c)(3).

READY RIDES

P.O. Box 272